

MDR Tracking Number: M5-04-1683-01

Under the provisions of Section 413.031 of the Texas Workers' Compensation Act, Title 5, Subtitle A of the Texas Labor Code, effective June 17, 2001 and Commission Rule 133.305 titled Medical Dispute Resolution - General and 133.308 titled Medical Dispute Resolution by Independent Review Organizations, the Medical Review Division assigned an IRO to conduct a review of the disputed medical necessity issues between the requestor and the respondent. The dispute was received on 1-21-04.

The Medical Review Division has reviewed the IRO decision and determined that **the requestor prevailed** on the issues of medical necessity. Therefore, upon receipt of this Order and in accordance with §133.308(r)(9), the Commission hereby orders the respondent and non-prevailing party to **refund the requestor \$460** for the paid IRO fee. For the purposes of determining compliance with the order, the Commission will add 20 days to the date the order was deemed received as outlined on page one of this order.

In accordance with §413.031(e), it is a defense for the carrier if the carrier timely complies with the IRO decision.

Based on review of the disputed issues within the request, the Medical Review Division has determined that **medical necessity was the only issue** to be resolved. The electrical stimulation (unattended), massage therapy, ultrasound, and therapeutic exercises from 11/12/03 through 11/24/03 were found to be medically necessary. The respondent raised no other reasons for denying reimbursement for the above listed service.

On this basis, and pursuant to §§402.042, 413.016, 413.031, and 413.019 of the Act, the Medical Review Division hereby ORDERS the respondent to pay the unpaid medical fees in accordance with the fair and reasonable rate as set forth in Commission Rule 133.1(a)(8) plus all accrued interest due at the time of payment to the requestor within 20 days of receipt of this order. This Order is applicable to dates of service 11/12/03 through 11/24/03 in this dispute.

The respondent is prohibited from asserting additional denial reasons relative to this Decision upon issuing payment to the requestor in accordance with this Order (Rule 133.307(j)(2)).

This Decision and Order is hereby issued this 29<sup>th</sup> day of April 2004.

Regina L. Cleave  
Medical Dispute Resolution Officer  
Medical Review Division

RLC/rlc

#### NOTICE OF INDEPENDENT REVIEW DECISION

April 8, 2004

**AMENDED LETTER**

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IRO Certificate #:IRO4326

The \_\_\_\_ has been certified by the Texas Department of Insurance (TDI) as an independent review organization (IRO). The Texas Workers' Compensation Commission (TWCC) has assigned the above referenced case to \_\_\_\_ for independent review in accordance with TWCC Rule §133.308 which allows for medical dispute resolution by an IRO.

\_\_\_\_ has performed an independent review of the rendered care to determine if the adverse determination was appropriate. In performing this review, relevant medical records, any documents utilized by the parties referenced above in making the adverse determination, and any documentation and written information submitted in support of the appeal was reviewed.

The independent review was performed by a matched peer with the treating health care professional. This case was reviewed by a health care professional licensed in chiropractic care. \_\_\_\_ health care professional has signed a certification statement stating that no known conflicts of interest exist between him or her and any of the treating physicians or providers or any of the physicians or providers who reviewed the case for a determination prior to the referral to \_\_\_\_ for independent review. In addition, the reviewer has certified that the review was performed without bias for or against any party to this case.

#### Clinical History

This patient sustained an injury on \_\_\_\_ while sitting down to drive a bus, and hitting her knee on the fate box. X-rays and an MRI were negative. She saw a chiropractor for treatment and physical therapy.

#### Requested Service(s)

Electrical stimulation-unattended, massage therapy, ultrasound, and therapeutic exercises from 11/12/03 through 11/24/03.

#### Decision

The electrical stimulation-unattended, massage therapy, ultrasound, and therapeutic exercises from 11/12/03 to 11/23/03 were medically necessary to treat this patient's condition.

#### Rationale/Basis for Decision

The patient went to the chiropractor for treatment 10/1/03, she was treated for four weeks and she exhibited continued knee pain after one month of care. She was sent for a right knee MRI study on 11/3/03 and results were negative. She was released back to light duty work on 11/11/03, but, the employer would not accept the restriction and she was subsequently taken off work again on 11/13/03. The patient was treated through 11/24/03 with electrical stimulation-unattended, massage therapy, ultrasound, and therapeutic exercises and she was released from care and returned to work at full duty as of 11/24/03. Therefore, the electrical stimulation-unattended, massage therapy, ultrasound, and therapeutic exercises from 11/12/03 to 11/23/03 were medically necessary to treat this patient's condition.

Sincerely,